

**Example Primary 30 Sept - 4th October**

Group Size: 39

P7

Theme: Choices

**Monday**

AM	Arrival and welcome talk, bed making and tours of Alltnacriche Around 10:30		
12:30PM	Packed lunch (bring your own)		
	Duties		
1:30pm	Exploration Walk	Instructor:	Dave & Colin
3:45PM	Land Grab		
4:45PM	Free Time		
5:30PM	Dinner		
	Duties		
6:45PM	Whole Group Evening Activity:	Instructor:	Dave
7:45PM	Feet-Off-The-Floor		
8:30PM	Supper		
	Duties		
9:30PM	Lights Out		

**Tuesday**

7.30AM	Wake Up							
8.00AM	Breakfast							
	Make Packed Lunches							
	Duties							
	Instr.		Instr.		Instr.		Instr.	
9:30AM	Trail Biking	Anna	Climbing Wall	Matt	Zip Line	Hannah	Archery	Gemma
					Ropes Course		Team Challenges	
12:30PM	Lunch							
	Duties							
1:30PM	Climbing Wall	Gemma	Woodcraft Carving	Anna	Team Challenges	Col	Trail Biking	Matt
			Orienteering		Archery			
4.30PM	Free Time							
5.30PM	Dinner							
	Duties							
6:45PM	Whole Group Evening Activity:	Instructor:				Anna		
7.45PM	Feet-Off-The-Floor							
8:30PM	Supper							
	Duties							
9:30PM	Lights Out							

**Wednesday**

7.30AM	Wake Up							
8.00AM	Breakfast							
	Make Packed Lunches							
	Duties							
9:30AM	Orienteering	Shula	Archery	Matt	Climbing Wall	Gemma & Hannah	Zip Line	Col
	Woodcraft Carving		Team Challenges				Ropes Course	
12:30PM	Lunch							
	Duties							
1:30PM	Zip Line	Col	Trail Biking	Matt	Orienteering	Anna	Climbing Wall	Gemma
	Ropes Course				Woodcraft Carving			
4.30PM	Free Time							
5.30PM	Dinner							
	Duties							
6:45PM	Whole Group Evening Activity:	Instructor:				Colin		
7.45PM	Feet-Off-The-Floor							
8:30PM	Supper							
	Duties							
9:30PM	Lights Out							

**Thursday**

7.30AM	Wake Up							
8.00AM	Breakfast							
	Make Packed Lunches							
	Duties							
9:30AM	Camp Fire Bread Making	Gemma	Camp Fire Bread Making	Col	Trail Biking	Matt	Orienteering	Anna
							Woodcraft Carving	
12:30PM	Lunch							
	Duties							
1:30PM	Archery	Anna	Zip Line	Gemma	Camp Fire Bread Making	Col	Camp Fire Bread Making	Matt
	Team Challenges		Ropes Course					
4.30PM	Free Time							

5.30PM	Dinner
	Duties
6:45PM	Feet-Off-The-Floor
7.45PM	Whole Group Evening Activity: Instructor: Matt
8:30PM	Supper
	Duties
9:30PM	Lights Out

## FRIDAY

7.30AM	Wake Up
8.00AM	Breakfast
	Make Packed Lunches
	Duties
9:15AM	Leaving Presentation, Prizes and Certificates
10:20	Departure ready for 10:30